

vitamins & Me.

| vitamins & Me. | CLIPS: | | |
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| Contraction 4 Co. L. 1944 | SUPPLEMENT FACT | 5 | |
| Serving Size: 1 Sachet, 3 Vegetarian Capsules | | | |
| Servings Per Container: 30 Sachets | | | |
| | Me (Vitamin C Cellulose | | |
| Each Cellulose Capsule contains: | Amount Per Serving | %RDA** | |
| | | For Adult | |
| Vitamin C (as Ascorbic acid) | 40 mg | 100% | |
| Iron (as Carbonyl Iron) | 17 mg | 100% | |
| *Nutritional Information per serving (Approx.pe | Camarila) | | |
| Energy | 0.04 Kcal | | |
| Protein | 0.0 g | | |
| Carbohydrate | 0.01 g | | |
| Fat | 0.01 g | | |
| *Figures based on calculated values | 0.0 6 | | |
| Ingredients: Microcrystalline Cellulose, Starch, 1 | Talc. | | |
| Batch No: | | est Before: | |
| | Vitamin D3, Calcium & \ | | |
| Each Cellulose Capsule contains: | Amount Per Serving | | |
| | | For Adult | |
| Vitamin D3 (Cholecalciferol) | 400 IU | 100% | |
| Calcium (as Calcium carbonate) | 100 mg | 16.6% | |
| Magnesium (as Magnesium oxide) | 56 mg | 16.5% | |
| Vitamin K2 (Menaguinone) | 55 mcg | 100% | |
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| *Nutritional Information per serving (Approx.pe | er Capsule) | | |
| Energy | 0.08 Kcal | | |
| LIICIBY | | | |
| Protein | 0.0 g | | |
| | 0.0 g 0.02 g | | |
| Protein | - | | |
| Protein Carbohydrate | 0.02 g | | |
| Protein Carbohydrate Fat | 0.02 g 0.0 g | ylcellulose, Magnesiun | n stearate, Talc, Permitted Food |
| Protein Carbohydrate Fat *Figures based on calculated values Other Ingredients: Starch, Croscarmellose sodiu colours | 0.02 g 0.0 g im, Hydroxy propylmeth | · - | n stearate, Talc, Permitted Food |
| Protein Carbohydrate Fat *Figures based on calculated values Other Ingredients: Starch, Croscarmellose sodiu colours Batch No: | 0.02 g 0.0 g Im, Hydroxy propylmeth Mfg. Date: B | est Before: | n stearate, Talc, Permitted Food |
| Protein Carbohydrate Fat *Figures based on calculated values Other Ingredients: Starch, Croscarmellose sodiu colours Batch No: AX & | 0.02 g 0.0 g im, Hydroxy propylmeth <i>Mfg. Date:</i> B I Me (Anti-oxidants & Zi | est Before: nc Capsule) | n stearate, Talc, Permitted Food |
| Protein Carbohydrate Fat *Figures based on calculated values Other Ingredients: Starch, Croscarmellose sodiu colours Batch No: | 0.02 g 0.0 g Im, Hydroxy propylmeth Mfg. Date: B | est Before: nc Capsule) %RDA** | n stearate, Talc, Permitted Food |
| Protein Carbohydrate Fat *Figures based on calculated values Other Ingredients: Starch, Croscarmellose sodiu colours Batch No: AX & Each Cellulose Capsule contains: | 0.02 g 0.0 g Im, Hydroxy propylmeth Mfg. Date: B IMe (Anti-oxidants & Zi Amount Per Serving | est Before: nc Capsule) %RDA** For Adult | n stearate, Talc, Permitted Food |
| Protein Carbohydrate Fat *Figures based on calculated values Other Ingredients: Starch, Croscarmellose sodiu colours Batch No: AX & Each Cellulose Capsule contains: Vitamin A (Retinyl Acetate) | 0.02 g 0.0 g Im, Hydroxy propylmeth Mfg. Date: B I Me (Anti-oxidants & Zi Amount Per Serving | est Before: nc Capsule) %RDA** For Adult 100% | n stearate, Talc, Permitted Food |
| Protein Carbohydrate Fat *Figures based on calculated values Other Ingredients: Starch, Croscarmellose sodiu colours Batch No: AX 8 Each Cellulose Capsule contains: Vitamin A (Retinyl Acetate) Vitamin E (DL-Alpha tocopheryl acetate) | 0.02 g 0.0 g Im, Hydroxy propylmeth Mfg. Date: Me (Anti-oxidants & Zi Amount Per Serving 600 mcg 10 mg | est Before: nc Capsule) %RDA** For Adult 100% 100% | n stearate, Talc, Permitted Food |
| Protein Carbohydrate Fat *Figures based on calculated values Other Ingredients: Starch, Croscarmellose sodiu colours Batch No: AX & Each Cellulose Capsule contains: Vitamin A (Retinyl Acetate) Vitamin E (DL-Alpha tocopheryl acetate) Vitamin B2 (Riboflavin 5-Phosphate Sodium) | 0.02 g 0.0 g Im, Hydroxy propylmeth Mfg. Date: B Me (Anti-oxidants & Zi Amount Per Serving 600 mcg 10 mg 1.4 mg | rest Before: nc Capsule) %RDA** For Adult 100% 100% 100% | n stearate, Talc, Permitted Food |
| Protein Carbohydrate Fat *Figures based on calculated values Other Ingredients: Starch, Croscarmellose sodiu colours Batch No: AX & Each Cellulose Capsule contains: Vitamin A (Retinyl Acetate) Vitamin E (DL-Alpha tocopheryl acetate) Vitamin B2 (Riboflavin 5-Phosphate Sodium) Zinc (as Zinc sulphate) | 0.02 g 0.0 g Im, Hydroxy propylmeth Mfg. Date: Me (Anti-oxidants & Zi Amount Per Serving 600 mcg 10 mg 1.4 mg 12 mg | rest Before: nc Capsule) %RDA** For Adult 100% 100% 100% 100% | n stearate, Talc, Permitted Food |
| Protein Carbohydrate Fat *Figures based on calculated values Other Ingredients: Starch, Croscarmellose sodiu colours Batch No: AX 8 Each Cellulose Capsule contains: Vitamin A (Retinyl Acetate) Vitamin E (DL-Alpha tocopheryl acetate) Vitamin B2 (Riboflavin 5-Phosphate Sodium) Zinc (as Zinc sulphate) Selenium (as Sodium selenite) | 0.02 g 0.0 g Im, Hydroxy propylmeth Mfg. Date: B Me (Anti-oxidants & Zi Amount Per Serving 600 mcg 10 mg 1.4 mg 12 mg 40 mcg | rest Before: nc Capsule) %RDA** For Adult 100% 100% 100% 100% 100% | n stearate, Talc, Permitted Food |
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| Protein Carbohydrate Fat *Figures based on calculated values Other Ingredients: Starch, Croscarmellose sodiu colours Batch No: AX 8 Each Cellulose Capsule contains: Vitamin A (Retinyl Acetate) Vitamin E (DL-Alpha tocopheryl acetate) Vitamin B2 (Riboflavin 5-Phosphate Sodium) Zinc (as Zinc sulphate) Selenium (as Sodium selenite) Vitamin C (Ascorbic acid) *Nutritional Information per serving (Approx.pe Energy Protein Carbohydrate Fat *Figures based on calculated values Other Ingredients: Microcrystalline Cellulose, Pe Permitted Food colours Batch No: **%RDA as established by ICMR 2010 guideline Appropriate overages are added to compensate | 0.02 g 0.0 g Im, Hydroxy propylmeth Mfg. Date: B. Me (Anti-oxidants & Zi Amount Per Serving 600 mcg 10 mg 1.4 mg 12 mg 40 mcg 20 mg er Capsule) 0.2 Kcal 0.0 g 0.05 g 0.05 g 0.0 g bovidone, Hydroxy propyl Mfg. Date: B. S. e loss of potency during s | rest Before: nc Capsule) %RDA** For Adult 100% 100% 100% 100% 50% methylcellulose, Talc, 0 | Croscarmellose sodium, |
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